

Dereham Canoe Group resumption of Thursday evening sessions operating procedures

Areas	Controls
Before the end of day Wednesday	<ul style="list-style-type: none"> ● Club members requiring any item of club equipment to email derehamcanoegroup@gmail.com with an itemised list of what they require from the barn, and attach the weekly digitally signed declaration. ● Club members with all their own equipment and not needing to hire, must email derehamcanoegroup@gmail.com to notify attendance, and attach the weekly digitally signed declaration. ● No payment to be made in cash until further notice. ● Hire payment to be made by invoice at the end of summer, based on email requests. ● The club to purchase and have in the barn environmentally friendly disinfectant spray for equipment, and protective gloves for those getting the kit out. ● Participants to bring their own hand sanitising gel. ● Members to make sure that their contact numbers and emergency contact details are up to date with the Secretary.
Arrival at the farm on Thursday evenings	<ul style="list-style-type: none"> ● Anyone who displays or develops symptoms of Covid-19 should be sent home. ● Cars to be directed to an allocated parking spot. ● Cars to be parked with a 2 metres gap between them. ● Club members to be encouraged to follow good hygiene practices including: <ul style="list-style-type: none"> ○ Using hand gel ○ Cover mouth when sneezing or coughing, avoid touching face, nose and eyes ○ Maintaining their distance at all times ● Keeping to family or designated +5 groups when collecting boats etc. ● Follow guidance for walkways to maintain distances.
Toilets	<ul style="list-style-type: none"> ● As we will not have sufficient volunteers and time to clean the toilet, the toilet will remain closed to club members until further notice.
Collection of hired equipment	<ul style="list-style-type: none"> ● Designated person(s) to put out the club equipment that has been request on clusters 2 metres apart in the yard outside the barn. ● Only the designated person(s) to be allowed in the barn. ● Maintain the distancing when taking kit down to the river. ● Collection ticked off list and checked in again at end of session. ● Follow a one-way system in the yard.

<p>Launching</p>	<ul style="list-style-type: none"> ● Launching of each family or +5 groups to be marshalled to maintain the 2-metre rule. ● Where possible spray decks to be fitted away from the launch area to speed up getting groups on the water. ● Once the group is complete, they are then to head off in an agreed direction with either Lynda, Helen or Jeff.
<p>On the Water Safety</p>	<ul style="list-style-type: none"> ● Each family or +5 group should contain one member that has completed the FS&RT course. ● Children can only paddle in their own family group that complies with the above requirement, where a parent or guardian has completed an FS&RT course. ● Older children (13 or over) at the discretion of a club coach can be part of a group of 6 if a parent or guardian is unable to paddle. ● Coaching will be available on a 1-2-5 basis to adults only and needs to be pre-booked with the coach. <p>On the water participants:</p> <ul style="list-style-type: none"> ● Be conservative – stay within the limits of your group’s ability. ● Paddlers and coaches to stay in their own boats and maintain social distancing afloat. ● Avoid rescuing capsized paddlers outside of your family group. ● All group members that capsize should swim to the bank and empty their own craft. ● In the event of an extreme emergency situations where there is potentially life threatening situation, the clubs coaches, leaders and first aiders, will take the necessary action outside of the Covid-19 procedures.
<p>Money</p>	<ul style="list-style-type: none"> ● Hire fees will be invoiced to the family/members at the end of the summer season and paid by BACS quoting invoice number.
<p>End of Session</p>	<ul style="list-style-type: none"> ● Groups to exit the water as quickly and clear the landing area of all equipment as quick as possible. ● Groups shall disinfect their own equipment with the spray provided and put them back in the barn in the correct places, following the guidance of the designated person, who will be at a safe distance. ● Use the supplied hand gel after putting kit away. ● Report to the club secretary immediately if anyone in your group shows signs of symptoms of Covid-19 in the following days after the session at the club.